



Resource Packet

Special Learning Center



Practical & Health Resources

- **2-1-1:** Assists in finding health and human services resources for individuals looking for help. This service is free, accessible 24/7 and completely confidential. Some resources offered are COVID-19 emergency response resources, warming centers in your local area, basic need resources such as health, employment, senior and disability resources, children and family resources. They also provide resources for local food pantries, mortgage, rent and utility assistance.
 - 1-800-427-4626
 - www.211helps.org
- **Capable Kids:** program funded through the Special Learning Center that serves 50 families with children from birth to age 6. The program involves home visits and help to navigate systems, services, and resources. CKF has an inventory of equipment/toys for families. Similar to Parents as Teachers to promote child developmental.
 - 573-634-3070
 - <https://speciallearningcenter.com/capable-kids-and-families/>
- **Catholic Charities (counseling program):** Providing mental health services that fully integrate the mind, body, and spirit using a combination of traditional therapy modalities and Christian-informed approaches. Services include: Individual and family counseling, Hope Emotional Support ChatBot, Clinica para la familia(in Spanish), soon to have school-based counseling.
 - Jefferson City, MO
 - 573-635-7719
 - <https://cccnmo.diojeffcity.org/counseling-services/>



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- **Central Connections:** Non-profit, Targeted Case Management service agency, serving individuals with intellectual and developmental disabilities who reside in Cole County. Central Connections uses a person-centered planning philosophy to collaborate with families and build relationships in order to provide services and supports for individuals with intellectual and developmental disabilities.
 - https://www.centralconnectionsinc.com/files/ugd/7a5bfa_e89b1663b190477aa502bceb806dc710.pdf
 - 573-635-6804
- **Central Ozarks Medical Center for Autism Clinic:** Camdenton, MO: Accepts private insurance, Medicare, Medicaid and offers sliding fee scale based on household size and income. Sees patients of all ages in areas of pediatrics, behavioral health, dental, primary care, senior health and obstetrics and gynecology.
 - www.centralozarks.org
- **Children's Center for the Visually Impaired:** (Kansas City, MO) This organization strives to prepare children with visual impairments, including those with multiple disabilities, to reach their highest potential. They provide vision evaluations with no age limitations. Visit this website for more information related to services and resources at CCVI:
 - <https://www.ccvl.org/>
 - 816-841-2284



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- **Children's Low Vision Project (CLVP):** Provides students with clinical low vision evaluations around the state of Missouri to best accommodate students ages 2-21 that have been identified as visually impaired according to Missouri's guidelines. Applicants for this program are also considered based on their ability to benefit from prescribed optical devices.
 - <https://lhbindustries.com/clvp/>
 - Jennifer Coy, Program Director: 573-579-4359 jcoy@lhbindustries.com
- **Child Care Aware:** Provides information about child care licensing and resources for children with special needs. Answers questions about child support, health care, and paying utilities.
 - www.childcareaware.org/state/missouri/
- **Cole County Health Department:** Mission is to promote, protect, and assure the health, safety, and quality of life through assessment, policy development, and assurance in order that our community will be a safe and healthy place for our citizens to live and raise families.
 - 573-636-2181
 - www.colecounty.org/187/About-Us
- **Community Health Center of Central Missouri:** Provides medical, dental and mental health services to residents of Cole, Osage, and Moniteau counties regardless of patient's ability to pay.
 - www.chccmo.org



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- **Community Health Center of Central Missouri Clinic Jefferson City (Stadium location):** Offers a wide range of services ranging from the treatment of chronic and acute medical conditions, mental health issues and dental services. They provide comprehensive, high quality healthcare in an educational and supportive environment.
 - 573-632-2777
 - www.chccmo.org/jeff-city-clinic/
- **Compass Health Network:** Provides a continuum of community mental health services, including individual counseling, marital and family counseling, psychiatric rehabilitation, psychiatry and medication services, and adolescent substance abuse counseling.
 - 573-634-3000
- **Down Syndrome Guild of Central Missouri:** Provides support and resources to individuals with Down syndrome and their families. The Guild seeks to provide the entire community with information and education to broaden awareness and foster positive attitudes regarding Down syndrome.
 - 913-384-4848
 - Facebook page: <https://www.facebook.com/centralmodsfamilynetwork>
- **Inclusive Health at Special Olympics Missouri:** Through collaboration, Special Olympics, Golisano Foundation and U.S Centers for Disease Control and Prevention provides inclusive healthcare for individuals with intellectual disabilities.
 - <https://www.specialolympics.org/our-work/inclusive-health?locale=en>



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- **Missouri First Steps:** Early intervention services for infants and toddlers at risk for developmental delays. Visit website for specific eligibility criteria.
 - 1-866-583-2392
 - www.mofirststeps.com/
- **MU Children's Therapy:** Provides pediatric physical, occupational and speech therapy services and includes unique therapeutic rehabilitation playground. A consultation visit is required to determine therapies needed through evaluations.
 - 573-882-4141
 - <https://www.muhealth.org/conditions-treatments/therapy/pediatric>
- **Special Learning Center Outpatient Therapy Services:** SLC provides physical and occupational therapy services in a clinic-based setting and is one-on-one with a licensed therapist. Intensive therapy is also offered at the Special Learning Center.
 - <https://speciallearningcenter.com/therapy-services/>
 - 573-634-3070
- **Therapy Unlimited:** Providing patient and family-centered therapy services by providing excellent diagnostic and therapeutic treatment. There is an initial assessment to create a treatment plan based on needs identified.
 - <https://www.therapyu.org/>



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- **Thompson Center for Autism and Neurodevelopmental Disorders:** The Thompson Center for Autism and Neurodevelopmental Disorders at the University of Missouri is a national leader in confronting the challenges of autism spectrum disorder & other developmental conditions through its collaborative research, training and service programs.
 - www.thompsoncenter.missouri.edu/
- **United Way Initiatives:** FamilyWize Prescription Drug Program- A discount prescription drug coverage for those that are under-insured. There are no age restrictions, no income restrictions, no limit on how many times you can use it, no waiting to get a card, and the cards are free. Cards are available at the United Way office or online.
 - 573-636-4100
 - www.familywize.org
- **United Way of Central Missouri:** Fights for the health, education, financial stability and basic needs of every person in central Missouri. They serve Camden, Cole, Maries, Miller, Moniteau, Morgan, Osage, Phelps, and southern Callaway Counties
 - www.unitedwaycemo.org/
- **Samaritan Center:** Interfaith charity serving those in need without discrimination. Services include food assistance, clothing, basic dental and medical and daily living skills.
 - 573-634-7776
 - www.midmosamaritan.org/about-us/